



September VILT

09/23/2024

1900-2100

Fall Prevention for EMS

Christina Miramontes RN,BSN, CEN

Christina Miramontes, RN, BSN, CEN has been a registered nurse practicing in San Antonio, Texas for 22 years. She began her career as an emergency department staff nurse and was in the role of charge nurse before transitioning to a trauma nurse coordinator. Today she is a trauma program manager for two level four trauma facilities. She serves as a co-chair of the Injury Prevention Committee for the South Texas Regional Advisory Council (STRAC), is a TNCC instructor, a Stop the Bleed instructor and a Matter of Balance instructor.

**Trauma Texas style
by Dr. David Miramontes**

Dr. David Miramontes currently serves as the EMS Medical Director for the San Antonio Fire Department. He started as a volunteer Firefighter-EMT while still in high school and received training as a EMT Advanced , worked a total of ten years as a Registered Nurse in ER and ICU, Mobile Intensive Care Nurse, and then received his BS in Physiology at UC Davis. He attended the Medical College of Ohio and Emergency Medicine Residency at the St Vincent Mercy Medical Center in Toledo Ohio, where he also was a Lifelight Physician. He was the EMS Director for the City of Toledo Fire Dept. and 18 rural and suburban EMS agencies. He assumed command as the Assistant Fire Chief and Medical Director for District of Columbia Fire Department (Wash. DC) from 2011-14 before coming to San Antonio for his current assignment.

2hrs CE Trauma

13 BLS

18 ALS



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